

FAST-TRACK LEADERSHIP SUMMIT

APRIL 24–25, 2019 | TEMECULA CREEK INN | TEMECULA, CA

sponsored by





On April 24–25, 2019, an invited group of "rising stars" in the optical industry convened in beautiful Temecula, California for the inaugural Fast-Track Leadership Summit.

Summit participants—who were nominated by industry CEOs—were immersed in handson learning and ideation. The summit was designed to inspire, motivate and provide the tools, techniques and experiences that young leaders can use to improve their career and their company. We turned the standard industry conference on its head by creating an environment where we built meaningful and authentic relationships in a casual, outdoor environment.

Participants also got outside to enjoy the beautiful setting of the Temecula Creek Inn and surrounding mountains.

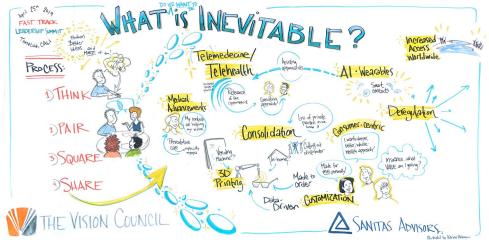


We had a diverse group of leaders with amazing backgrounds and stories, including mothers, fathers, TV stars, pilots, professional skiers, grandparents, international explorers, band members, singers, song writers, paintball professionals, ultra-runners, cat lovers, business owners and more.



INEVITABLE CHANGES

The optical industry continues to change faster than the speed of light and with that, our industry must keep up and anticipate what's next. Attendees discussed and debated what is inevitable in the next 10 years in our industry. During the session, participants created a top-fifteen list of what they believed was "inevitable" in the next 10 years.



- 1. Non-traditional technology companies will enter the eyecare market in a big way
- 2. Managed vision care will dramatically change with more control being with employers and consumers
- 3. Genetic testing and gene therapy will be used for early detection and diagnosis of eyecare diseases
- 4. Telehealth (soon to be called just health) and online refractions will finally gain a foothold and enable eyecare providers to offer better access with fewer costs
- 5. Regulatory barriers are going to decline resulting in new business models, new technologies and a more empowered consumer.
- 6. Additive and micro manufacturing (specifically 3D printing of lenses and frames) will become mainstream
- 7. Online sales will continue to grow with new subscription models taking hold and improvements in virtual tryon technology
- 8. Contact lenses will be used for drug delivery
- 9. Continued vertical integration, such as the Essilor/Luxottica merger, further open up opportunities for smaller companies and niche brands
- 10. Private label contact lenses will become a sizable part of the market and ultimately increase the size of the entire category
- 11. Augmented reality and virtual reality will power "smart glasses," changing the way eyewear is used and worn
- 12. Downward pressure on pricing will force margin erosion
- 13. The massive increase in myopia, especially in children, will change the standard of care and open opportunities for new treatments and service models
- 14. Independent eyecare practices will continue to get rolled up by private equity firms to gain scale horizontally
- 15. Eyecare practices will expand their scope of practice speeding up new treatments and product opportunities (e.g. auditory, cognition, genetic testing, eye health, etc.)

*Note: The list above are only predictions and are not indicative of specific industry insights. The Vision Council does not endorse any such initiatives, but rather is the facilitator of dialogue between industry participants and member companies.

VALUES EXERCISE

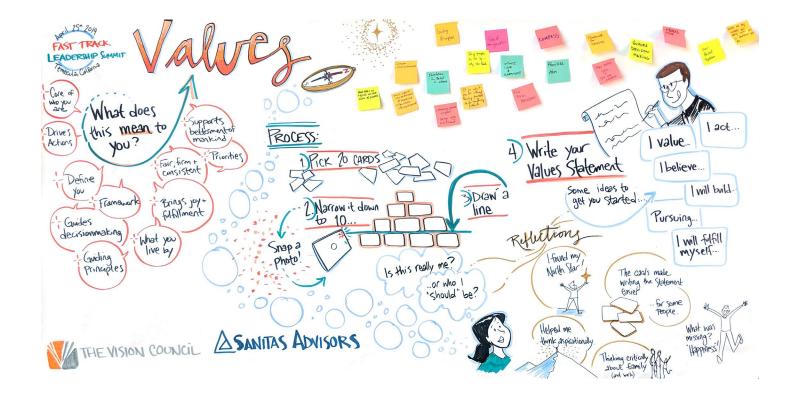






"Personal leadership is the process of keeping your vision and values before you and aligning your life to be congruent with them" - Steven Covey

Participants developed personal values statements providing a "north star."



"HOW I BUILT THIS"

The highlight of the event was the "How I Built This" session, modeled after the now famous pod-cast by Guy Raz of NPR. The session was a narrative journey marked by the triumphs, failures, serendipity and insights of panelists Alan Ulsifer, CEO and founder of FYiDocs; Andrea Gluck, CEO of Eyewear Designs; and Mike Hundert, CEO of De Rigo REM.

Host Bart Foster, a consultant of The Vision Council, spoke with these change-makers and risk-takers, who told stories about hustling, perseverance and the sheer joy of creating something from nothing.

They taught us that we each have a choice:

- 1. Fear the future,
- 2. Wait for the future to arrive, or
- 3. Help create the future.

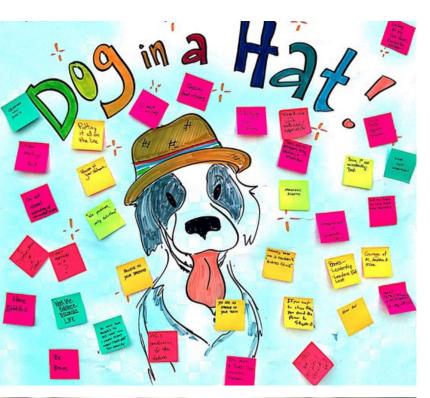


NEVER There are NOG STAY QUIT PROBLEMS. Sold his house to start this ONLY SOLUTIONS Ciriou ANDREA GLUCK I'M PROUD AL ULSIFER, OD MIKE HUNDERT Eyewear Design VALUES Fyidoctors ALVES REM STATEMENT VALUES STATEMENT AT EMENT . I strive to be a role model for my FAMILY. To be ourAdecus in my relationships at TOLERANT of others INTEGRITY is ortically important to me and PERSONAL GROWTH a doily mission. These trans are ortical in my dulity the build TRUTT the fundation of solid relationships and accomplicitments. TATEMENT All roads lead to INTEGRITY. If my I value my HEALTH in order to engage with my thoughts and actions and drivers are rooted FAMILY with whom I share mutual respect and TRUST. I will be perpetually CURIOUS in my quest for in integrity, then I emplace TOLERANCE, TRUST a RESPECTFULNESS with the comfort of STABILITY through total COMMUNICATION. EXCELLENCE in all I do, including contributions to Society. The only way to COMMUNITY, ou sharing what he LEARNED along a OREATIVE ADVENTURE on rate to HAPPINESS. Even though it was HARD (and CONTROL the FUTURE It takes a is to have the BWER Our best mistake What makes you UNIQUE? A strong NETWORK Plays out in Infinite Kinla (razy) How can you tell a global We have VILLAGE taught me about the ESSENCE of DOIT your back + CHANGE IT. 1 O.D ANANA AGAIN PRO TIP: Start your next THEN WREEING with a question LISTEN! How eyecare Proud of my joshed We are nothing without our PEOPLE our business. iendship How can we impacts our make the eye Care process Pasier? knit) trust lives. Connected = Nobody told You can't assume Anticipating You have a great Cutomer relationship USE the DATA 2 SANITAS ADVISORS mel couldnt Work as hard as Find the Maers THE VISION COUNCIL SOIDID Place you will be HEARD Illustrated by Kanna Branson You can ... AND as ITANWAY. SMART as you can



KEY TAKEAWAYS

At the conclusion of the event, attendees were asked to think about the most memorable moments and sound bites. Below are key takeaways from the participants:





- Determine what makes you different and use it!
- Have a story with passion
- Put it all on the line for what you want
- No problems, only solutions
- Start meetings with a question
- Create a big hairy audacious goal (BHAG)
- Work-life balance just becomes life
- Believe in your dreams... be brave
- You want buyers asking, "what will I learn today?" when they see you coming
- Telemedicine is just medicine/experience
- It's dark and feels like a concrete avalanche
- You are as strong as your team
- If you want to change the future, you need the power to shape it
- Great potential is accelerated with inspiration
- Focus on regret minimization
- Being first, isn't necessarily best
- Make it Happen!
- Accelerate the inevitable







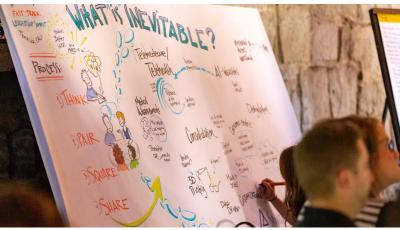














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Do you know someone who should be included in the 2nd Annual FastTrack event in 2020? If so, please email: <u>BartFoster@sanitas-advisors.com</u>



GUEST SPEAKERS



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Dr. Alan Ulsifer, OD FYiDoctors CEO & President Calgary, AB

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